

Casa della Pace

April 21 – 25 2012

Exploring Silence



We should consider a situation that is existentially of absolute importance though being a paradox.

We may notice that the most important part of life – love, truth, beauty – is something not definable, not measurable. It cannot be produced through will.

But acknowledging this fact doesn't help in any way; that dimension remains further than the consciousness, with its typical ways, may achieve or produce.

To see this with clarity put the mind in a sort of crisis, because it touches its limitation, the ineffectiveness of its most experimented tools.

The silence that naturally is born out of that "crisis" is listening and attention and it is the dimension where the consciousness itself may express its best potentiality.

The schedule of the retreat will comprehend:

Silent periods both shared and alone
An intense contact with nature
Listening to some J.Krishnamurti talks
Some dialogues
Experimentation with observation and attention

The retreat will begin in the afternoon of April, Saturday 21st – around 5 pm – departure after lunch of Wednesday 25th. The cost, comprehending accommodation in shared room, meals and activities, is 250 Euros. For a single room a supplement of 40 Euros is required.

Food is vegetarian only and largely organic.

Casa della pace is located in the north of Umbria, in the centre of Italy, nestled in nature. For further information please visit the web site www.casadellapace.org or contact Santi writing to santandrea@casadellapace.org or call at 0039 -0-75933058

It's curious how all-important meditation becomes; there's no end to it nor is there a beginning to it. It's like a rain-drop: in that drop are all the streams, the great rivers, the seas and the waterfalls; that drop nourishes the earth and the man; without it, the earth would be a desert. Without meditation the heart becomes a desert, a wasteland.
(J.Krishnamurti - Meditations – Shambala)